

**Lama Adventures Pvt. Ltd.**

# **Dhaulagiri Expedition**

<b>Difficulty</b>	<b>Duration</b>	<b>Region</b>	<b>Max. Altitude</b>	<b>Type</b>	<b>Group Size</b>
<b>Extreme</b>	<b>55 Days</b>	<b>Manaslu</b>	<b>8167m</b>	<b>Expedition</b>	<b>2-14 pax</b>

## **Overview**

Mt. Dhaulagiri is the seventh highest mountain in the world standing at 8167 m above sea level. Situated in the western part of Nepal, Dhaulagiri is one of the desired 8000 m peaks. It is one of the mountains which is an eight-thousand-meter mountain located entirely in Nepal. The pinnacle of Dhaulagiri stretches for 50 km lending structure to a tangled arrangement of twisting glaciers, ridges and ice cliffs. Several pyramid shaped peaks rise in the main crest of Dhaulagiri and four of these peaks, east to west, rise above 25000 ft. The most common expedition is in the highest of these four peaks which is a climb to Dhaulagiri I.

The first successful Dhaulagiri expedition was done by members of a Swiss/Austrian expedition with the help of strong Nepali climbers in 1960. Dhaulagiri is reflected as one of the most fascinating peaks to scale with 5 ridges in it. Although there are multiple routes for Dhaulagiri expedition, it is still a difficult mountain to climb and requires a high level of fitness and skill. The most common route is the northeast ridge, however Dhaulagiri has been scaled from every direction.

The base camp for the mountain is set up at around 4750 m and other three camps follow before you reach the summit. The first camp will be at around 5850 m while the second camp at 6400 m and the third and last camp at about 7400 m. The total expedition may last upto 7 weeks including a week-long acclimatization trek to Dhaulagiri Base Camp at 4750 meters.

To ensure safety along with providing the highest quality service in the high altitude, Lama Adventures offers experienced and trained climbing guides who make sure you reach the summit maintaining your physical fitness all along the way. No compromises when it comes to your well-being, so our itinerary is flexible according to your needs and also for some unforeseen circumstances.

## **Itinerary**

## **Days 1: Arrival in Kathmandu**

Arrival and Transfer to Hotel.

Hotel - Bed / Breakfast. On your arrival in Kathmandu, Tribhuvan International Airport, our representative will welcome you & drive you to the hotel. It's a free day/evening. You can walk around Thamel for shopping.

## **Days 2-3: Sightseeing around Kathmandu**

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of the Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

## **Day 04: Fly to Pokhara**

After breakfast, if you decide to take a bus to Pokhara, you will start off for a 7-hour journey to Pokhara. You can enjoy the beautiful hills, gorges, rivers, villages along the way. If you choose to fly, then it will be a picturesque one with beautiful hills and towering peaks. Once in Pokhara, you can either choose to explore Pokhara or rest at your hotel. You will be staying overnight at the beautiful lake city of Pokhara.

## **Day 05: Drive to Darbang**

The drive from Pokhara inclines through a twisting road up to Nayapul with views of Annapurna South (7219m) and Machhapuchhre (6997m). To reach Beni, we drive along the bank of Modi River and then Kali Gandaki River. After crossing Tatopani, we gradually ascend passing through forests with diversities of oaks, rhododendron, and so on. The path goes through the damp road alongside small villages. We cross many bridges over Myagdi Khola to reach the village of Darbang. Overnight in Darbang.

## **Day 06: Trek to Dharapani**

After breakfast at Darbang, our trek to Dharapani starts. Despite today's trek being a really short one, the trail is full of picturesque scenery and waterfalls. Overnight in Dharapani.

## **Day 07: Trek to Muri**

We head out early today as it is a long walk to Muri from Dharapani. Don't worry the trail is not that strenuous. After leaving Dharapani behind, we descend and walk through settlements, cross a suspension bridge over the river and walk uphill. The moderate ascending trail continues through villages, thick forests, and picturesque terraces to reach another ridge. Trek gently over a traditional trail until you reach Muri, a small village of Magar community. If the weather is clear, we can get a sight of Manapathi Himal (6380m) and the whole Dhaulagiri range. Stay overnight in Muri.

## **Day 08: Trek to Bagar**

From Muri, we have to walk down and cross a river and then walk past terraced fields. Descend to Myagdi Khola and trek alongside its west bank until we reach the village of Naura. Ascend, cross a lush hill, and climb a steep slope where the trails are zigzag and then descend through the forest and meadows to reach Bagar. Overnight in Bagar.

## **Day 09: Trek to Dovan**

After breakfast at Bagar, we descend through adjoining meadows passing a small ridge. Then, we arrive at a forest region to reach Jyardan. After that, a tall, winding trail leads to a stony area and we reach Lipshe, where there are little to no settlements. The track goes through a forest to Lapche Kharka and then ascends to Dovan through some tough trails. Overnight in Dovan.

## **Day 10: Trek to Sallaghari Camp**

We leave from Dovan early in the morning today. The first part of the trek requires a moderate ascending through the forest of bamboo, pine, and rhododendron. After, the trail goes uphill and downhill until we reach Sallaghari. Our camping spot lies in between the forest, surrounded by pine trees on the bank of Myagdi River. Stay overnight in Sallaghari.

## **Day 11: Trek to Italy Camp**

The trail after Sallaghari Camp is fully surrounded by bamboo forest all the way to Italian Camp at 3660m. In some places, we cross small bridges and forests which make our walk quite active, difficult, and sometimes risky. At Italian Camp, there are only two small tea houses available that deliver a nominal quantity of basic items. At this camp, we get to see wonderful views of the Dhaulagiri range, Manapathi Peak (6380m), Dhaulagiri II (7751m), and other snow-covered mountains. Overnight in Italy Camp.

## **Day 12: Trek to Swiss Camp**

After breakfast, we start our trek to Swiss Camp also known as Glacier Camp and cross the first glacier using ropes. We climb onto the main glacier, where the surroundings are outstanding amid the rough and unsteady trail. This is a tough day where the trail gets more difficult as we go further, for the trail is covered in icy moraines of Dhaulagiri Glacier. Overnight in Glacier Camp.

## **Day 13: Trek to Dhaulagiri BC**

We begin our trek today through the bumpy trails on the flat ice of the snow-white glacier. We will climb gradually to the course and chilling yet remarkable Dhaulagiri Base Camp. The views from here are fabulous, could literally stop your breath for a few seconds. Get your cameras ready! You will experience the best view of Dhaulagiri I (8167m), II (7751m), III (7715m) and IV (7661m). Stay overnight at Dhaulagiri Base Camp.

## **Day 14-47: Dhaulagiri Climbing Period**

After getting to Dhaulagiri Base Camp, Day 14 to 47 is for Dhaulagiri summit. The normal route for Dhaulagiri Expedition is via Northeast Ridge, the original climbing route used by the Swiss-Austrian expedition team in 1960. Typically, we setup 4 Camps for climbing Mt. Dhaulagiri. We will establish Camp I for Dhaulagiri Expedition at 5,900m on the Col. East from the ABC. Camp II will be set up at 6,400m after some steep climbing sections from Camp I. Here climbing sherpas will guide you as you need some technical climbing experiences and need to climb up using the fixed ropes. We will set up Camp III (7400m) along the ridge of the mountain, located towards the west with steep ice and snow climbing. Heading towards Camp III there will be frequent ups and downs. We have to climb towards the East Ridge, where strong wind may challenge us before reaching Camp III. This is the most difficult part of the Dhaulagiri Expedition. We will try a direct push for the summit and return to Camp III, if all conditions, weather, permits us.

## **Day 48: Trek to Hidden Valley over French Pass**

Leaving the Dhaulagiri Base Camp behind, we move off the glacier and it often involves a proper use of rope. After climbing the vertical moraine walls, we reach a relatively easier trail. As we reach the top of French Col (5300m), there are astonishing views of the Annapurna and Dhaulagiri mountain ranges. After a breathless climb to the top of French Col (5300m), the views of Hidden Valley open out. The valley is evocative of Tibet and Ladakh and so are the temperatures. Overnight in Hidden Valley.

### **Day 49: Trek to Aalu Bari via Thapa Pass**

On this day, we will climb across Thapa Pass (5200m), pass through swamped slopes, and then descend sharply to reach Aalu Bari. The Thapa Pass (5200m), also known as Dhampus Pass, is situated between Tukucho peak (6920m) and Thapa Peak (6012m) and hosts alluring views of the Annapurna range. Overnight in Aalu Bari.

### **Day 50: Trek to Jomsom**

Descend to the magnificent Kali Gandaki Valley, which is the deepest valley in the world. Pass a gorge floor and head towards Jomsom. Jomsom is renowned for its apple orchards and the culture and food of the Thakali people living there for ages. Enjoy a delicious Thakali meal in Jomsom. Overnight in Jomsom.

### **Day 51: Back to Pokhara**

After breakfast at Jomsom, we take a picturesque flight back to Pokhara with mountain views omnipresent and green lush valleys. After getting off the plane at Pokhara, celebrate your success with drinks and a sumptuous dinner. Overnight in Pokhara.

### **Day 52: Fly to Kathmandu**

After breakfast, we say goodbye to the beautiful lake city of Pokhara and drive towards Kathmandu. After reaching Kathmandu, we have the rest of the day off to rest or do some souvenir shopping. To celebrate the successful completion of our journey, we will have a farewell dinner in the evening. Overnight in Kathmandu.

### **Day 53: Free Day/Souvenir shopping**

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

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### **Day 55: Final Departure**

It's time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuvan International airport for your final departure to your destination.

### **Inclusion / Exclusion**

## **Cost Includes**

Arrival in International Airport and Departure.  
4 Night's 3 star hotel in Kathmandu with Bed & Breakfast.  
Kathmandu Sightseeing with Tour Guide.  
Entrance fee  
Climbing Permit  
Professional Mountain Guide between 2 client 1 Guide Climbing Period,  
Round Domestic Air Ticket  
Domestic airport departure taxes.  
Tea House Accomodation, brekfast lunch and dinner.  
All camping Equipment, two men tents, Dining tent, Kitchen Tent, Toilet Tent, Table & chairs.  
Breakfast, lunch, dinner climbing period.  
Guide, Cook, Kitchen staffs and porters/mules.  
High food and Tent  
Accident and emergency rescue Insurance and Equipment for Climbing Guide, cook, and staff.  
Group Climbing Equipment  
Base camp Charge  
Liaison officer

## **Cost Excludes**

Personal Climbing Gear and equipment  
International roundtrip airfare to and from Kathmandu  
Nepal Visa fee  
Lunch and Dinner in Kathmandu  
Extra night accommodation in Kathmandu because of late departure, early return from mountain (due to any reason) than the scheduled itinerary  
Excess baggage charges if you have more than 30KG luggage  
Personal Bill/Expenses  
Bar Bill and Drinking water during the Tea House Period  
Personal communications (Satellite phone, phone, fax, email)  
Personal Climbing Sherpa (must be arranged before the expedition)  
Sleeping bags  
Travel/rescue insurance  
Summit Bonus for climbing guide  
Any rescue costs or costs of early departure from the expedition  
Helicopter or charter flight  
Tipping for staff and guide