

**Lama Adventures Pvt. Ltd.**

# **Ganja-La Pass Trek**

<b>Difficulty</b>	<b>Duration</b>	<b>Region</b>	<b>Max. Altitude</b>	<b>Type</b>	<b>Group Size</b>	<b>Accommodation</b>
Moderate	14 Days	Langtang	4994m	Trekking	2 - 20 PAX	Tea House, Hotels and Camp

## **Overview**

Set about on an amazing trek in the Langtang region and cross the Ganja-La Pass, one of the difficult Himalayan passes with a height of 5122 m. You follow a rugged trail with majestic views on every side. On a clear day, even the Annapurna range can be seen rising up behind. Some of the beautiful mountain peaks seen from this trek are Himal Chuli and Manaslu to the west, Langtang Lirung and Ganesh Himal to the north. The landscape of this trek is similar to Langtang Valley Trek as it is the same trail till Kyanjin Gumpa and diverts to Ganja La Phedi crossing the Ganja La Pass and descends down to Melamchi Bazaar and finally to Kathmandu.

The whole trek to Ganja-La Pass comprises of immense blooming rhododendron and green bamboo forests, serene waterfalls and snow-capped mountain peaks. This is considered to be one of the most diverse treks near from Kathmandu due to the rapidly changing landscapes as you go higher from lush green fields to desert-like barren landscapes to snow-filled trails. This trek also offers an opportunity to explore Tibetan and Tamang villages, climb small peaks and visit glaciers comfortably at a low elevation.

The Ganja La Pass trek is challenging yet rewarding with beautiful sights and Tibetan tribe cultures. The Langtang Valley is a really compact, diverse and interesting region to trek to. In just a few days you traverse through the lower Himalayan foothills and reach active glaciers in the high Himalayas. There are so many opportunities for side treks, circuit treks, high mountain pass traverses and peak climbing all within this amazing trek.

## **Itinerary**

**Days 1: Arrival in Kathmandu**

On your arrival in Kathmandu, Tribhuvan International Airport, our representative will welcome you & drive you to the hotel. It's a free day/evening. You can walk around Thamel for shopping.

## **Days 2: Sightseeing around Kathmandu**

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of the Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

## **Day 03: Drive to Syabrubesi**

Today we have a scenic drive to Syabrubesi, the bus passes through the epic villages and sights of the snowy mountains on clear days. The initial section of the drive is relatively pleasant to Trishuli bazaar, and short ascends to Dhunche and slowly dropping down to Syabrubesi. Overnight in Syabrubesi.

## **Day 04: Trek to Lama Hotel**

Today is our first-day walk, After crossing the bridge of Bhote Koshi river which follows all the way from Tibet, we walk along the right on Langtang Khola and gorge, the trails climb gradually up through the dense forest and passing the beautiful waterfall, hot spring and you probably see the wild beehive and Apes monkey. After Bamboo, the trail leads gradually steep up in the pine forest to Lama Hotel, Overnight in Lama Hotel.

## **Day 05: Trek to Langtang**

We start our trek to a beautiful and remarkable Tibetan settlement of village Langtang, we reach here after the trail passes through the dense pine forest along the Langtang Khola, and we get to see the first glimpse of Langtang Lirung. Then we will be passing Godhabela and after Godhabela, you will be crossing a landslide area which is the old Langtang village, all swept away by the 2015 earthquake sadly. You see the view of the new Langtang village from the landslide area. Overnight in Langtang.

## **Day 06: Trek to Kyanjibg Gumba**

Today is a scenic trek walking through the beautiful landscape, yak pastures and spectacular waterfalls. We walk gradually up on the paved walk through the yak pasture until we reach Kyanjin Gumba. Kyanjing Gumba is the base to Tserko Ri, which we will be hiking up tomorrow early in the morning. Overnight in Kyanjin Gumba.

## **Day 7: Explore Tserko Ri**

Today we wake up very early in the morning and start our hike up to Tserko Ri. You will be passing through Kyanjin Ri on the way to Tserko Ri. Both offer impressive views of white snow-capped mountains and massive deep valleys, sparkling, and frozen lakes. After spending some time in Tserko Ri, we retrace our way back to Kyanjin Gumba. Overnight in Kyanjin Gumba.

## **Day 08: Trek to Ganjala Phedi**

After breakfast, we embark on our today's journey to Ganja La Phedi. Cross the Langtang River. Ascend through rhododendron forests. Since we're already in high altitude, the time for getting to our destination also depends upon the season of the trek. Since, during the winter snow, it might take longer time to cross the snow strewn path.

## **Day 09: Trek to yak kharka**

Today we cross the Ganja La pass. It is a strenuous day since Ganja La is one of the difficult passes. Ganja La pass is covered with snow almost throughout the year. Make the long ascent through the boulders, pass the small lakes, and summit the Ganja La which is situated on a rocky moraine. Enjoy the spectacular views from the pass. Climbing up and down the pass can sometimes be tricky due to snowfall and ice. From the pass, we descend down to Yak Kharka.

## **Day 10: Trek to Dhukpa Kharka**

Today, after leaving Yak Kharka we lose altitude considerably, about 1500 meters. The trail would be similar, except that as you descend lower, you will notice more vegetation as you approach Dhukpa Kharka. Overnight in Dhukpa Kharka.

## **Day 11: Trek to Sermathang**

After breakfast, cross a small forest with the view of a beautiful village in the Helambu region. The trail makes a sweep around the wide valley end between Parachin and the pretty Sherpa village of Gangyul. The people of this village practice Drukpa Kagyu Buddhism, the same as the national religion of Bhutan. Overnight in Sermathang.

### **Day 12: Back to Kathmandu**

On our final day of the trek, we will be walking down to Melamchi Bazaar passing through numerous Sherpa villages. From Melamchi Bazaar, we catch a bus to Kathmandu. To celebrate the successful completion of our journey, we will have a farewell dinner in the evening. Overnight in Kathmandu

### **Day 13: Free Day**

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

### **Day 14: Final Departure**

It's time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuvan International airport for your final departure to your destination.

## **Inclusion / Exclusion**

## **Cost Includes**

Arrival in International Airport and Departure.  
Hotel in Kathmandu with Bed & Breakfast.  
Sightseeing in Kathmandu Valley with Guide.  
Entrance fees.  
Conservation Fee.  
Peak Permit and Climbing Guide.  
Round Domestic Flight Ticket.  
Local Transfer.  
Domestic airport departure taxes.  
Tea House Accommodation, breakfast and dinner.  
All camping Equipment, two men tents, Dining tent,  
Kitchen Tent, Toilet Tent, Table & chairs.  
Breakfast, lunch, dinner in trekking and climbing period.  
Guide, Cook, sherpa, Kitchen staffs and porters.  
Insurance for trekking staff and Equipments.

## **Cost Excludes**

Personal equipment for  
Trekking & Peak climbing.  
Personal travel Insurance.  
Lunch & dinner in Kathmandu.  
Emergency Rescue evacuation.  
Personal expenses/Bar bills.  
Tipping for trekking staff.