

**Lama Adventures Pvt. Ltd.**

# Larkya Peak

<b>Difficulty</b>	<b>Duration</b>	<b>Region</b>	<b>Max. Altitude</b>	<b>Type</b>	<b>Group Size</b>	<b>Accommodation</b>
Moderate	21 Days	Manaslu	6416m	Peak Climbing	2-12 pax	Tea House, Hotels and Camp

## Overview

Larkya Peak is a very satisfying peak to climb in combination with the Manaslu Circuit Trek. It offers fairly easy climbing with fabulous views of Manaslu, the Annapurnas, Ganesh Himal and beyond.

There is often confusion however about which peak it is and groups often lead up a steep line to a subsidiary peak known as Sano (small) Larkya (5807 m). Base camp is close to the Larkya La, a pass of 5135m. Sano Larkya Peak can be climbed in a long day from this base camp. However, to climb Thulo (big) Larkya (6249 m), a high camp is needed.

Reaching this true Larkya Peak is a long but easy climb on snow slopes that are slightly less steep than Sano Larkya Peak. The best option for climbers is to make a high camp and then complete both peaks.

## Itinerary

### Days 1: Arrival in Kathmandu

On your arrival in Kathmandu, Tribhuvan International Airport, our representative will welcome you & drive you to the hotel. It's a free day/evening. You can walk around Thamel for shopping.

### Days 2: Sightseeing around Kathmandu

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to

Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

### **Days 3: Drive to Arughat**

A 7-8 hours drive from Kathmandu into the western mountains takes us to Arughat via Dhading Besi, headquarter of the Dhading district. Through the dirt road from Dhadingbesi viewing the greenery hills we reach Arughat, our trek start point. Arughat is a major town in the region and is divided in two parts with the Budhi Gandaki river flowing between them. Overnight in Arughat.

### **Day 04: Arughat to Lapubesi**

Many trekkers take a jeep to Soti Khola to save 3 hours of walking but the trail to Lapubesi from Arughat remains uncongested and passes through pleasant fields and villages. We trek through numerous Gurung and Tamang villages on the more scenic upper road. The second part of the trek is on a shady sal forest which climbs up and down for some time offering views of the wild rapids below and eventually drops to the Gurung village Lapubesi. Overnight in Lapubesi.

### **Day 05: Liding to Tatopani**

After breakfast at Lapubesi, we follow the trail through the river till we reach Machhe Khola. Then, after Machhe Khola, we tread past some hills and forests till we arrive at our destination Tatopani. Overnight in Tatopani.

### **Day 06: Machikhola to Jagat (1410m)**

After breakfast in Tatopani, the trail goes ascending and descending until you arrive at a small hot spring in Tatopani. From here, we'll climb over another ridge, then cross the Budhi Gandaki on a suspension bridge to reach Dovan. After Dovan, we'll climb over a ridge, trek along the river and then climb towards the village of Jagat. Overnight in Jagat.

### **Day 07 : Jagat to Deng**

After leaving the village of Jagat, we will climb over a rocky ridge to Salleri, and then descend to Sirdibas. Then, we'll continue walking upstream to a long suspension bridge in Philim, a large Gurung village. The route now enters a steep, uninhabited gorge where you'll descend to the grassy slopes, and then cross the Budhi Gandaki river. We'll make our way through various landscapes and dense sub-tropical forests, as well as small rivers and rustic villages until we reach the tiny village of Deng. Overnight in Deng.

### **Day 08: Deng to Ghap**

After breakfast in Deng with the view of Siringi Himal. We take a short descent after Deng and then a steep ascend takes us to Rana Bridge. Through the pine forests and bridge, we reach Buihi Phedi. Beyond Buihi Phedi, we cross the Sereng River located high off the main Budhi Gandaki River and experience the unique environment provided by breathtaking gorge, culturally rich chorten and cross another suspension bridge before we reach Ghap. Overnight in Ghap.

### **Day 09: Trek to Lho**

**We leave Ghap passing through villages decorated with rich Buddhist cultural ensembles and ascend ahead through the quiet beaten forest towards the other settlement of Lho. After Lho, we head towards Samagaun on a forested path. We arrive at the village of Shyala after walking for an hour from Lho. With significant agricultural activity, the village of Shyala is also engaged in construction of wooden houses presumably aimed at making it a resting place. We march ahead in the trail crossing the slopes that drain the Punggen glacier and reach the nice flat area that hosts the lovely village of Samagaun. With properly aligned houses with beautiful courtyards and fields located on both sides of the village, Samagaun is busy during the season of Manaslu climbing expedition as it is the closest village to the Manaslu Base camp. Overnight in Samagaun.**

### **Day 10: Rest and Acclimatization**

Today is an acclimatization and rest day at Samagaun to acclimate your body with the changing environment and climate. It is recommended to stay active even in acclimatization days so we explore around the area of Samagaun and see the locals busy in their daily chores. Enjoy the magnificent view of the mighty Manaslu. You can also hike up to Birendra Tal and Manaslu Base Camp. Overnight in Samagaun.

### **Day 11: Sama Gaon to Samdo**

The trail today to Samdo village turns to the north on the upper region of the Budhi Gandaki River. Following the gradual ascends, we pass through the point of confluence of Larke river and the river formed due to Samdo glacier, also the origin of the torrential Budhi Gandaki and we reach to the settlement at Samdo. Before that we leave the trail to Manaslu Base Camp to our left and ahead the point where we part from the trail to Manaslu Base Camp, we pass through beautiful juniper and birch forests of Kermo Kharka. We march ahead through wooden bridges and steep climb on to the headland from where a large white kani can be viewed. Past the kani we reach to our destination for today. Overnight in Samdo.

### **Day 12: Samdo to Dharmasala**

This is another adventurous day in the high altitude. So, you must watch your body signs properly. Enjoying the scenic views of the chain of Himalayas you will walk slowly across the rugged terrains of Manaslu region before you reach Dharmashala also known as Larkya Base Camp.

### **Day 13: Trek to Base Camp**

From Larkya Phedi we will follow a gradual uphill trail. During our trek, we will get to see magnificent views of Manaslu range and other snow-capped mountains. We continue our trekking until we arrive at Larkya Base Camp. Overnight in Larkya Base Camp

### **Day 14: Larkya High Camp**

Leaving the base camp, we continue our trek by following the trail. Today's trail is a gradual climb all the way to Larkya High Camp. As soon as we arrive at the high camp we will make final preparations for the summit climb. We will also check our health conditions and climbing gears for the main summit climb of Larkya Peak, the following day. Overnight in High Camp.

### **Day 15: Larkya Summit**

We start early in the morning today with the aim to reach the summit before midday as the strong winds in the afternoon can create obstacles to reach the Larkya Peak summit. Following the guidance and instructions are given by our experienced climbing experts, we will overcome the technical sections and climb to reach the summit. Our tiring climb to the summit is rewarded with magnificent views of Manaslu Himalayan Range, Annapurna Range, Langtang Range, Himalchuli, Boudha Himal, Ganesh Himal, and other fascinating high peaks. We will then descend following the same route retracing our steps back and pass through High Camp and then Base Camp. Overnight in Larkya Base Camp.

### **Day 16: Larkya-La pass**

We start early from Larkya Base Camp since we have to pass the Larkya-La and reach Bhimtang. We set off early in the morning for a long trek today. After a short climb, we reach to the north of the Larkya Glacier, into a valley that provides spectacular views of Cho Danda and Larkya Peak. Further we march across the moraines, make a slow climb initially and more steeper into the last section of the Larkey La pass. The view from the top of the pass includes the Samdo Peak and other peaks bordering Tibet, Larkya peak to the southeast, Annapurna region along with several mountains and a bit further down to the west for the view of Annapurna II. We have a steep descent on the slippery path out of the Pass following the trail to the left of Salpudanda glacier moraine. Past the grassy moraine and rock fall area, flatter valley with primulas and azalea bushes we reach to the sandy plain of Bhimtang. Overnight in Bhimtang.

### **Day 17: Bimtang to Tilje**

We traverse along the magical trail to the south after we enjoy the views of Lamjung Himal, Himlung Himal, Manasalu, Cheo Himal from a ridge at Bhimtang. After we cross pasture and bridge, we navigate through the rhododendron forest, further through a narrow valley and reach to the valley at Karache. Along the rocky river-bed and on the trails on hillsides we pass through the small and lush villages signifying the lower altitudes. Further ahead we reach the village of Tilije, a culturally vibrant and coexisting village populated by Ghale Gurung, Chhetris and Manangis. Overnight in Tilije.

### **Day 18: Tilje Dharapani**

After having breakfast in Tilije, we continue our trek on an easy downhill trail. After crossing the suspension bridge over the Marsyangdi river, we continue our trekking for a while before arriving at Dharapani. Overnight in Dharapani.

### **Day 19: Dharapani to Jagat**

Our journey on dusty roads will eventually let us tumble through them and lead us to

numerous chortens and prayer flags that can be seen along with some beautifully painted Mani walls. Lastly, we further trek to Jagat before ending the day. Overnight in Jagat.

### **Day 20: Jagat to Sange**

Today, after breakfast in Jagat, we walk on a previously trekked section of our trek as we march towards Syange village at 1175m. Overnight in Syange.

### **Day 21 : Back to Kathmandu**

After breakfast at Syange village, we drive back to Kathmandu. After arriving in Kathmandu, take a shower and freshen up and celebrate your successful trek with drinks and sumptuous dinner. Overnight in Kathmandu.

### **Day 22: Free Day**

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

### **Day 23: Final Departure**

It's time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuvan International airport for your final departure to your destination.

## **Inclusion / Exclusion**

## **Cost Includes**

Arrival in International Airport and Departure.  
4 Night's hotel in Kathmandu with Bed & Breakfast.  
Sightseeing in Kathmandu Valley with Guide.  
Entrance fee in Sagarmatha National Park.  
Makalu conservation Fee.  
Peak Permit and Climbing Guide.  
Round Kathmandu-Lukla-Kathmandu Ticket  
Local Transfer.  
Domestic airport departure taxes.  
Tea House Accommodation, breakfast and dinner.  
All camping Equipment, two men tents, Dining tent,  
Kitchen Tent, Toilet Tent, Table & chairs.  
Breakfast, lunch, dinner in trekking and climbing period.  
Guide, Cook, sherpa, Kitchen staffs and porters.  
Insurance for trekking staff and Equipments.

## **Cost Excludes**

Personal equipment for  
Trekking & Peak climbing.  
Personal travel Insurance.  
Lunch & dinner in Kathmandu.  
Emergency Rescue evacuation.  
Personal expenses/Bar bills.  
Tipping for trekking staff.