### Lama Adventures Pvt. Ltd.

# Pachermo Peak

Difficulty	Duration	Region	Max.	Type	Group	Accomodation
Hard	19 Days	Khumbu	Altitude	Peak	Size	Tea House Hotels,
			6200m	Climbing	3-15 pax	<b>Hotels and Camp</b>

## **Overview**

First climbed in 1955, Pharchamo Peak (6,200 m) is an attractive snow peak lying to the south of the formidable glaciated Tashi Lapcha pass (5,760 m) which connects the Rolwaling Valley with Thame and the Khumbu Valleys.

It has a north-by-northwest ridge, which rises from the crevassed glacier astride the Tashi Lapcha. The face of the ridge forms a uniform slope broken by crevasse and seracs. The lower reaches pose little difficulty, although towards the summit, depending on seasonal conditions, open crevasses and ice-steps may present some challenges.

Pharchamo is often climbed in conjunction with Ramdung in the Rolwaling Valley. Many groups choose to continue the crossing of the Tashi Lapcha and decend into the Khumbu to finish their journey at Lukla.

# **Itinerary**

## Days 1: Arrival in Kathmandu

On your arrival in Kathmandu, Tribhuwan International Airport, our representative will welcome you & drive you to the hotel. It's a free day/evening. You can walk around Thamel for shopping.

## Day 2: Sightseeing around Kathmandu

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of the Malla

era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

## Day 3: Drive to Gonggar Khola

After breakfast, we drive towards Gonggar Khola from Kathmandu. The whole day is spent on the drive. We take the smooth road of Araniko Highway, following the Bhotekoshi and Sunkoshi River bank side. En-route we enjoy the scenery from several hilly regions of Nepal which takes us to Gonggar Khola. Overnight in Gonggar Khola.

## Day 4: Trek to Simigaun

Today, we start the first day of our trekking journey following the west bank of Bhotekoshi River. Impressive views of Mt. Gauri Shankar, beautiful waterfalls, passing through the agricultural farmlands, charming villages will make our day worth it until we reach Simigaun. Overnight in Simigaun.

## Day 5: Trek to Dongkhang

After breakfast, we begin our journey climbing through beautiful rhododendron forest until we reach Shakpa at 2460 meters. After Shakpa, we gradually ascend towards a ridge of Sambur Danda. Then, we cross the adventurous pass Daldung La Pass at 3976 meters and descend down to Rolwaling valley. Then, we head east through the narrow shaded Rolwaling Valley to reach Dongkhang. Overnight in Dongkhang.

#### Day 6: Trek to Beiding village

Today, after taking breakfast we start our journey to Beiding, firstly we begin through gentle uphill trails. The trail passes through numerous Sherpa settlements made from stone walls and wood/stone roofs. Beiding is the largest village settlement in the Rolwaling region of Nepal, located in a narrow gorge sandwiched from the beautiful landscape. Overnight in Beiding village.

#### Day 7: Trek to Naa village

After leaving Beiding village, we follow the trail north side of the river, a short day walks to reach another charming village settlement of Naa. As we continue our walk, an impressive close-up view of mountains starts to appear in the vista. Overnight in Naa.

## **Day 8: Rest and Acclimatize**

A day at Naa village for acclimatization will be worth staying to hike around the villages, explore various roughly made monasteries as well as great views of Mt.

Chobutse standing at 6689m which rises above Tsho Rolpa Glacier Lake, Ramdung Peak and other snow-capped peaks. Overnight in Naa village.

## Day 9: Trek to Chhugyma Glacier

After having breakfast in Naa village, we head towards Chhugyma glacier. We cross the river and follow the trails in the south bank of the river. We gradually walk through moraines, often ice and snow-filled steps. Today is a short day walk to Chhugyma Glacier.

## Day 10: Trek on glacier to thulo dungga camp

We start our journey early today as the glaciers will be heated by the intense sunlight which would make our walk more difficult. After crossing the glacier, we follow the trail towards the eastern corner right above from the glacier. Then we descend towards the southern edge of Trakarding Glacier. Again, we follow the ascending trail that leads to reaching Drolambu Glacier.

## Day 11: Climb up to Tashi Lapcha Pass

Today's walk is a strenuous one as it involves successfully crossing the adventurous Tashi Lapcha Pass at 5755 meters. We start our journey early in the morning and follow an ascending natural ramp that leads us to reach and cross the pass. Tashi Lapcha pass is a rocky and snow-covered adventurous ridge made up of beautiful snow-covered peaks on both sides. From there, we can have great views surrounding the mountains and peaks.

## Day 12: Summit parchemo peak.

Today, we will be scaling the Pachermo Peak. We start our climb early in the morning. Following the snow slope, we will climb north-east over the rock and snow made walls of Tengi Ragi Tau. Instructions and the guidelines provided by our experienced climbing guide needs to be followed carefully. From the summit, there are splendid views of Mt. Cho Oyu, Mt. Amadablam, Mt. Thamserku, Mt, Kusum Kanguru and many other snow-capped mountain peaks. After having the successful summit, we descend and head to reach Ngole. Overnight in Ngole.

## Day 13: Trek to Thengbo

Today, we continue our trek towards Thengbo Kharka. En-route we can have great views of Mt. Ama Dablam, Mt. Makalu and several other snow-covered mountains. Overnight in Thengbo Kharka.

## Day 14: Trek to down to Thame

Today, after having breakfast in Thengbo Kharka, we leave for Thame. The walk is a really short one today as we get to see amazing views of the Thame valley. Overnight in Thame.

## Day 15: Trek to Namche

After Thame, it is a picturesque walk to Namche. The walk is really fun and offers great views of some waterfalls and the surrounding landscape. After getting to Namche, we can celebrate the successful summit of Pachermo Peak. Overnight in Namche.

### Day 16: Trek to Lukla

From Namche, we continue to follow the river and, after crossing it, climb back up through birch and rhododendron forest. From there we descend to Monjo. After Monjo, we will climb up a small hill to reach Lukla. You will probably reach Lukla soon so explore and look around the place and the famous airport in Lukla.

## Day 17: Back to Kathmandu

We pack up early and head for the airstrip to hop a flight back to Kathmandu On touchdown, the rest of your day is free to do your own things. You could do some last-minute shopping and packing, or send a few postcards home or even go down for a stroll to Thamel, an internationally known hub for tourists in Asia.

#### Day 18: Last Day at Kathmandu

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

### Day 19: Departure

It's time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuwan International airport for your final departure to your destination.

# **Inclusion / Exclusion**

### **Cost Includes**

Arrival in International Airport and Departure.

4 Night's hotel in Kathmandu with Bed & Breakfast.
Sightseeing in Kathmandu Valley with Guide.
Entrance fee in Sagarmatha National Park.
Makalu conservation Fee.
Peak Permit and Climbing Guide.
Round Kathmandu-Lukla-Kathmandu Ticket
Local Transfer.
Domestic airport departure taxes.
Tea House Accopmodetion, brekfast and dinner.
All camping Equipment, two men tents, Dining tent,
Kitchen Tent, Toilet Tent, Table & chairs.
Breakfast, lunch, dinner in trekking and climbing period.
Guide, Cook, sherpa, Kitchen staffs and porters.

Insurance for trekking staff and Equipments.

#### **Cost Excludes**

Personal equipment for Trekking & Peak climbing.
Personal travel Insurance.
Lunch & dinner in Kathmandu.
Emergency Rescue evacuation.
Personal expenses/Bar bills.
Tipping for trekking staff.

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